LE UOVA BIOLOGICHE

Organic Eggs

Two eggs any style and their toast (hard-boiled, boiled, sunny side up)

STRAPAZZATE

Scrambled eggs

Scrambled eggs on toast with tomato

Scrambled eggs, smoked salmon and chivese

Arrabiata scrambled eggs

Cacio pepe scrambled eggs

IN CAMICIA

Poached eggs, smoked salmon, toast and ½ avocado

FRITTATA

Plain omelette

€ 10

Omelette with ham, or cheese, or fresh herbs, or vegetables

Omelette with goat cheese, tomatoes and herbs

Omelette with dried tomatoes, roquette and basil € 14

> Plain white omelette € 11

White omelette with ham, or cheese, or fresh herbs, or vegetables

> White omelette and ½ avocado € 15

LE UOVA ALLA BENEDICTE

Benedicte Eggs

Served with pancetta, or ham, or Parma ham, or smoked salmoné

IL SALATO

Salty

2 Croissants with Gran Biscotto ham and cheese

½ avocado, chives, seeds on toast

Smoked salmon, ½ avocado and toast € 17

ACCOMPAGNAMENTI

Toppings

Smokey bacon

2 Cumberland sausages

Gran Biscotto ham

Smoked salmon

€ 12

VIENNOISERIE

Pastries

2 Mini butter croissant

2 Mini chocolate croissant

€ 4

2 Mini pains aux raisins

Croissant with cream (pastry, hazelnut or apricot)

Chocolate/cappuccino croissant

Croissant with quinoa

€4

LO ZUCCHERATO

Sweet

Bread basket €4

Selection of organic jams and honey

Baguette, butter and selection of organic jams and honey

Classic granola with yogurt and seasonal fruits

Organic bircher muesli: apple, cinnamon and almond milk

Pancakes, berries, double cream and maple syrup

French toast, salted butter caramel

Yogurt

€3

Fruit salad € 10

COLAZIONE INGLESE

Full English Breakfast

2 fried eggs, roasted tomato, sautéed mushrooms, red beans with tomato sauce, smokey bacon, 2 Cumberland sausages,

> toasts € 25

CAFFE E CORNETTO

Coffee and Croissant

HOT DRINK TO CHOOSE

PASTRIE

2 Mini butter croissants

1 Croissant with cream (pastry, hazelnut or apricot)

1 Croissant with quinoa

2 Mini chocolate croissants

1 Chocolate/cappuccino croissant

€8

CAFFE E LATTICINI

Coffee and Dairy

GRANOLA CLASSIQUE

with yogurt and fresh seasonal fruits

 $\mathbf{0R}$

BIRCHER MUESLI

apple, cinnamon and almond milk

FRESH FRUIT JUICE

orange or grapefruit

HOT DRIINK

€ 17

I SMOOTHIE

Smoothies

COLADA VERDE

Banana, pineapple, spinach and coconut milk

MATCHA, MANGO E MENTA

Coconut water, mango, fresh mint, ginger and matcha

FRUTTI DI BOSCO

Almond milk, banana, berries, oat, vanilla and almond butter

SUPPL. "VANILLA" PROTEIN POWDER

€ 1,50

LE BEVANDE CALDE

Hot Drinks

CAFFÈ E CIOCCOLATA CALDA

Espresso or decaffeinated € 3,90

American € 4,90

Double €7,50

Hot chocolate €7

CAFFÈ CREMA, SOIA O LATTE DI MANDORLA

Coffee with a drop of milk € 4,40

Cappuccino € 5,50

Coffee with cream € 5,50

Latte macchiato (caramel, vanilla or chocolate) €7

SELEZIONE DI TÉ E INFUSIONI

Selection of teas and infusions €6

TÉ MATCHA

Matcha tea, dates, almond butter €8

LE INFUSIONI

Immunity: turmeric and honey Ginger boost: fresh ginger Hot: lemon and Cayenne pepper Mint digest: fresh mint Digest plus: mint and ginger

LE BEVANDE FRESCHE

Fresh Drinks

Fruit juices €7 Pressed citrus fruits €9

