

LE UOVA BIOLOGICHE

Organic Eggs

Two eggs any style and their toast (hard-boiled, boiled, sunny side up)
€ 8

STRAPAZZATE

Scrambled eggs
€ 9

Scrambled eggs on toast with tomato
€ 11

Scrambled eggs, smoked salmon and chives
€ 16

IN CAMICIA

Poached eggs, smoked salmon, toast and ½ avocado
€ 22

FRITTATA

Plain omelette
€ 9

Omelette with ham, or cheese, or fresh herbs, or vegetables
€ 12

Omelette with goat cheese, tomatoes and herbs
€ 13

Omelette with dried tomatoes, roquette and basil
€ 13

Plain white omelette
€ 10

White omelette with ham, or cheese,
or fresh herbs, or vegetables
€ 13

White omelette and ½ avocado
€ 14

ACCOMPAGNAMENTI

Toppings

Smokey bacon
€ 5

2 Cumberland sausages
€ 11

Gran Biscotto ham
€ 7

Smoked salmon
€ 12

LE UOVA ALLA BENEDICTE

Benedicte Eggs

Served with pancetta, or ham,
or Parma ham, or smoked salmon
€ 16

IL SALATO

Salty

2 Croissants with Gran Biscotto ham and cheese
€ 9

½ avocado, chives, seeds on toast
€ 8

Smoked salmon, ½ avocado and toast
€ 17

VIENNOISERIE

Pastries

2 Mini butter croissant
€ 4

2 Mini chocolate croissant
€ 4

2 Mini pains aux raisins
€ 4

Croissant with cream
(pastry, hazelnut or apricot)
€ 4

Chocolate/cappuccino croissant
€ 4

Croissant with quinoa
€ 4

LO ZUCCHERATO

Sweet

Bread basket
€ 4

Selection of organic jams and honey
€ 5

Baguette, butter and selection of organic jams and honey
€ 9

Classic granola with yogurt and seasonal fruits
€ 9

Organic bircher muesli: apple, cinnamon and almond milk
€ 10

Pancakes, berries, double cream and maple syrup
€ 14

Yogurt
€ 3

Salade de fruits
€ 10

COLAZIONE INGLESE

Full English Breakfast

**2 FRIED EGGS,
ROASTED TOMATO,
SAUTÉED MUSHROOMS,
RED BEANS WITH TOMATO SAUCE,
SMOKEY BACON,
2 CUMBERLAND SAUSAGES,
TOASTS**
€ 24

CAFFE E CORNETTO

Coffee and Croissant

HOT DRINK TO CHOOSE

+

PASTRIE

2 Mini butter croissants

or

1 Croissant with cream (pastry, hazelnut or apricot)

or

1 Croissant with quinoa

or

2 Mini chocolate croissants

or

1 Chocolate/cappuccino croissant

€ 7

CAFFE E LATTICINI

Coffee and Dairy

CLASSIC GRANOLA

with yogurt and fresh seasonal fruits

OR

BIRCHER MUESLI

apple, cinnamon and almond milk

+

FRESH FRUIT JUICE

orange or grapefruit

+

HOT DRINK

€ 17

I SMOOTHIE

Smoothies

COLADA VERDE

Banana, pineapple, spinach and coconut milk
€ 10

MATCHA, MANGO E MENTA

Coconut water, mango, fresh mint, ginger and matcha
€ 10

FRUTTI DI BOSCO

Almond milk, banana, berries, oat,
vanilla and almond butter
€ 10

SUPPL. "VANILLA" PROTEIN POWDER

€ 1,50

LE BEVANDE CALDE

Hot Drinks

CAFFÈ E CIOCCOLATA CALDA

Espresso or decaffeinated € 3,80

American € 4,50

Double € 6,90

Hot chocolate € 6

CAFFÈ CREMA, SOIA O LATTE DI MANDORLA

Coffee with a drop of milk € 3,90

Cappuccino € 4,90

Coffee with cream € 4,90

Latte macchiato (caramel, vanilla or chocolate) € 5,50

SELEZIONE DI TÉ E INFUSIONI

Selection of teas and infusions € 4,50

TÉ MATCHA

Matcha tea, dates, almond butter € 8

LE INFUSIONI

Immunity: turmeric and honey

Ginger boost: fresh ginger

Hot: lemon and Cayenne pepper

Mint digest: fresh mint

Digest plus: mint and ginger

€ 6,50

LE BEVANDE FRESCHE

Fresh Drinks

Fruit juices € 6,50

Pressed citrus fruits € 9